

BHBL SEPTA

(Special Education Parent Teacher Association)

March 2022-23 Newsletter

Thank you to Rebecca Blais for presenting Parenting a child with ADHD-Tips and Strategies . Several parents attended and left with lots of resources and information.

Tuesday March 14 at 5:30 pm Edward V. Wilcenski, Esq. from Wilcenski & Pleat, PLLC will be presenting SPECIAL NEEDS ESTATE PLANNING FOR INDIVIDUALS WITH DISABILITIES AND THEIR FAMILIES

Many individuals with disabilities rely on various means tested entitlements to support themselves in the community. Many also need assistance making financial and other important life decisions. One of the most effective tools for providing financial management and ensuring benefit eligibility for individuals with disabilities is the "Supplemental" or "Special" Needs Trust. In this program you will learn:

1. The difference between an Agent, Guardian, Trustee and Representative Payee;
2. The different standards of capacity for each;
3. The importance of having a Will;
4. Basic financial eligibility for government benefits;
5. The different types of Supplemental (Special) Needs Trusts that are used to help support individuals with disabilities in the community.

Ed Wilcenski is an attorney who concentrates his practice in the areas of guardianship, trusts, and estate planning for individuals with disabilities and their families. He is the brother of a successful and extremely capable man with a developmental disability.



Volunteers needed!

We are looking for volunteers for our:

nominating committee

bylaw committee- our bylaws have expired and we are in desperate need of reviewing and approving the same or new ones.

fundraising efforts

If you are interested please contact bhblsepta@yahoo.com

School Age Family and Community Engagement Center (FACE)

through WildWood is offering webinars at no cost but registration is required.

Registration or webinar related questions should be directed to me, Sheri Gaylord at sgaylord@wildwoodprograms.org or 518-640-3333.

More information on the following can be found below (just scroll to the bottom)

Special Education Mediation For Families.

<http://events.r20.constantcontact.com/register/event?llr=7ktbt6cab&oeidk=a07ejnburikf39f25f2>

Understanding the Individualized Education Program (IEP) Process for Parents of School Age Students with a Disability (SWD)

<http://events.r20.constantcontact.com/register/event?llr=7ktbt6cab&oeidk=a07ejnigh4ecd2c68d8>

Understanding the Individualized Education Program (IEP) Process for Parents of School Age Students with a Disability (SWD)

<http://events.r20.constantcontact.com/register/event?llr=7ktbt6cab&oeidk=a07ejnigh4l9b244361>

Specially Designed Instruction: A Guide for Families and Caregivers

<http://events.r20.constantcontact.com/register/event?llr=7ktbt6cab&oeidk=a07ejnigh4u850ae004>

Helpful Reads-

10 helpful organizations and resources for children with special needs

<https://www.care.com/c/10-helpful-special-needs-organizations/>

10 Best Books for Parents of Children with Special Needs

<https://achievementcenteroftexas.org/2017/09/21/books-for-parents-of-children-with-special-needs/>

HS Spartan Buddies

ALL students are welcome. For more information please contact Tim Brunson at tbrunson@bhbl.org or bhblsepta@yahoo.com We are looking forward to another great year. Look for our New Spartan Buddies T-Shirts!

MS Spartan Buddies

ALL students are welcome. For more information please contact Bryan Yager at byager@bhbl.org or Colleen Froschauer at cfroschauer@bhbl.org

Steven's Spartan Buddies(Students will be choosing a name)

ALL students are welcome. If your child is interested in joining please contact Rita Pelton rpelton@bhbl.org or Christen Smith Csmith@bhbl.org

Is your child looking to get involved?

[Hi-5 Sports](#) Provides an environment which allows people with special needs to build self-esteem, confidence, and friendships through sports by providing opportunities to socialize, compete, and exercise both their motor and life skills. <https://albany.kidsoutandabout.com/content/hi-5-sports>

Register today for Bowling followed by basketball

[Bring on The Spectrum](#) - Our community space offers social, recreational and lifestyle activities for neurodiverse and neurotypical children, teens and adults like Art, Yoga, Music, Zumba Life Skills and more. <https://www.bringonthespectrum.org/>

[Art in Mind](#) Art in Mind Creative Wellness Studio is an educational art studio which offers individualized artistic services and artistic entertainment for all ages <https://artinmindstudio.com/>

[Stride](#)- Our mission is to educate and empower individuals with disabilities in life-changing sport and recreation programs to sustain healthy, active and fun lifestyles.

SAVE the Dates

~~Sept 8- Key Ingredients for the Start of a Successful School Year! Presented by Parent to Parent of NYS~~

~~Oct 15- Special Needs Expo~~

~~Oct 18- SEPTA Meet & Greet meeting 6:30~~

~~Nov 15- SEPTA Meeting 6:30 Jennifer Oliver from Saratoga Sensory Occupational Therapy~~

~~Jan 11- How to Prepare for a Successful CSE Meeting 6:30 at the hs in room 207~~

~~Jan 31- Parenting a child with ADHD Tips and Strategies~~

~~Workshop presented by Rebecca Blais, BHBL HS Psychologist 6:30pm in the hs library~~

~~Mar 14- Special Needs Estate Planning for Families and Individuals with Disabilities~~

~~Presented by Wilcenski & Pleat PLLC 5:30pm at the HS.~~

~~Mar 23- BHBL Founder's Day Award Ceromony more info to come~~

~~April 18- SEPTA Meeting 6:30~~

~~May 18- SEPTA Meeting 6:30~~

~~June 6- SEPTA Meeting 6:30~~

Need Parent Support?

Parent to Parent of NYS can help. Please visit www.parenttoparentnys.org Call 1-800-305-8817

Looking for more resources? Check out the Parent to Parent calendar for different workshops and information <https://www.ptopnys.org/calendar/>

For questions or more information about BHBL SEPTA email BHBLSEPTA@yahoo.com

Membership Link <https://bhblsepta.memberhub.com/>

For information on BHBL special education programs and services, a parent's guide to special education, free parent workshops, links to local service agencies and more, please visit the [BHBL Special Services Webpage](#)