



BACK TO SCHOOL



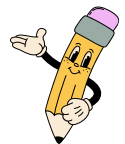
FALL 2026

ELEMENTARY SCHOOL COUNSELORS' CORNER

FALL FOCUS

September is all about building connections, establishing routines, and creating a strong foundation for a successful school year. As elementary school counselors, we'll be helping students feel safe, supported, and connected as they settle into their new routines and classrooms.

Throughout the month, we'll focus on getting to know one another, practice important school routines, build positive friendships, and learn ways to show kindness and work through challenges. We're excited to support our students and families as we begin another great year together!



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MESSAGE FROM THE COUNSELORS

Tears, clinginess, and morning stomachaches are common as a new school year begins. Starting a new school year can bring big feelings, especially for children who find separation from caregivers challenging. As elementary school counselors, we want to remind families that these feelings are a normal part of the transition for many children.

Here are a few ways to help make the transition back to school feel more manageable.

